



## HURON COMMUNITY MENTAL HEALTH SERVICES

274 Huron Road  
Goderich ON N7A 3A2  
Telephone: 519-524-8316 or 1-877-695-2524  
Fax: 519-524-9349

**Offices located in Clinton, Exeter, Goderich, Seaforth and Wingham**

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### Discharge Information Sheet

At Huron Community Mental Health Services, you will work with your counsellor to determine goals for your treatment plan. These plans are reviewed throughout the course of treatment to monitor progress and make adjustments to support your success. Some may choose to be involved in counselling for a short period of time, whereas some might stay connected longer. Once you have successfully achieved your goals and feel you no longer require services, your file will be closed. However, you will also have the option of reconnecting in the future if needed.

In addition to treatment completion, below are some other reasons why your file may be closed:

- If you decide you are no longer interested in treatment and you notify your counsellor
- If 90 days have passed since your last attended individual session or group
- If there is no follow-up after our attempts to make contact with you
- If you have moved out of the catchment area

Please note that your counsellor will attempt to contact you prior to closing your file and will give you a timeline to return the call. If we cannot reach you by phone and do not have the ability to leave a message, we will send you a letter if you consent to this. To assist us in ensuring we provide the best possible support, we ask that you notify your counsellor if you are no longer interested in services or for any other reason that may impact your ability to attend your appointments; such as, moving out of the service catchment area.

By signing below, you indicate that this sheet was reviewed with you and you agree to contact your counsellor if you are no longer interested in accessing services.

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Client Signature

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Date

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Witness Signature

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Date